

Smoothies

	<u>20</u>	<u>24</u>	
Chocolate Banana	5.00	6.00	
Strawberry Banana	5.00	6.00	
Orange Strawberry	5.00	6.00	
Tropical Mango	5.00	6.00	
			<u>20-oz.</u>
Acai Smoothie			6.75
<i>Acai sorbet, banana, honey and soy milk.</i>			
Protein Power Pak			6.75
<i>Powdered peanut butter, whey protein, banana, honey, almond milk, Ghirardelli's cocoa and one espresso shot.</i>			
Cacao Power Pak			6.75
<i>Organic 100% cacao, banana, honey, whey protein, powdered peanut butter, cinnamon, chia seeds, one espresso shot and almond milk.</i>			
Muscle-Building Power Pak (Pre & Post-Workout Smoothie)			6.75
<i>Acai sorbet, raw oats, whey protein, powdered peanut butter, Ghirardelli's cocoa, one espresso shot and almond milk.</i>			
Avocado-Banana-Spinach			6.75
<i>Avocado, banana, spinach, soy milk and honey.</i>			
Chocolate-Avocado-Chia			6.75
<i>Avocado, chia seeds, coconut milk, Ghirardelli's cocoa.</i>			
Green Power Smoothie			6.75
<i>Cucumbers, spinach, bananas, apple juice and agave.</i>			
Greens & Things			6.75
<i>100% organic carrot juice, spinach, cucumbers, celery and honey.</i>			
Fruits & Vegetables			6.75
<i>100% organic carrot juice, spinach, blueberries, strawberries and Green Superfood.</i>			
Matcha Green Tea			6.75
<i>Matcha sorbet, almond milk and banana.</i>			

Extras: - 75¢ each -

Whey Protein	Espresso Shot	Flax Seeds
Chia Seeds	Bee Pollen	Organic Cacao
Hemp Seeds	Green Superfood	Raw Oats
Peanut Butter	Maca Powder	Coconut Flakes

Extras:

Acai Sorbet
Matcha Sorbet
Avocado
- \$2 each -